THE PULSE

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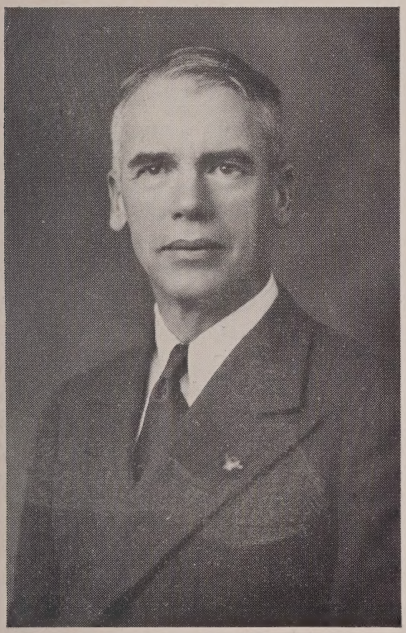

DR. SHIELDS WARREN

At one of the laboratory Christmas parties Santa Claus gave Dr. Warren a pair of roller skates so that he could "skate along up to the Baptist." We are afraid that means of locomotion would only serve to slow him down in today's tempo. For several years after 1927 those at NEDH might catch a glimpse of Dr. Warren en route to or from one of the operating rooms, any one of the hospitals served by our laboratories, Pondville Hospital, or the old Collis P. Huntington Memorial Hospital. Today any disturbance of the atmosphere reminiscent of jet propulsion indicates that he has passed by. And if you saw him yesterday, don't be so sure that he is here today — he's probably miles away by now.

The story of Dr. Shields Warren's career is like that of a snowball rolling down hill; the farther it goes, the larger it gets and the faster it travels, until its size and speed are almost fantastic.

After graduation from Harvard Medical School in 1923 he served in the Path Lab at Boston City Hospital. He became Instructor in Pathology at Harvard Med in 1925, Assistant Professor in 1936, and is now Professor. He has been Pathologist of NEDH since 1927. This now includes full charge of Path Lab, Chem Lab, Blood Bank, Solution Room and Radium. Concurrently he has been similarly associated with other institutions, both State and private. He has been in charge of the Massachusetts State Tumor Diagnosis Service since 1928. Much of his research has been carried out as part of the program of the Harvard Cancer Commission and many investigators who have worked under his direction have been on research grants from this commission. He is a trustee of Boston University.

With the advent of World War II, things really got under way. For a time he served as a consultant for the armed forces. He donned uniform as a member of the Medical Corps of the United States Naval Reserve, rising to the rank of Captain. His peregrinations gained momentum with the dropping of the atomic bombs on Hiroshima and Nagasaki. A few months after the bombing he headed a Navy group to Japan for several months' study of conditions brought about by radioactivity released by the bombs. Special aptitude for this post includes his interest in the radiation effects of x-ray units such as those used in hospitals for the treatment of various dis-

eases and in radium therapy. More important than this is his successful treatment with radioactive phosphorus of a substantial number of persons suffering from leukemia. A second trip was made to Japan for further study. He was Executive Officer of the Naval Research Section of Operation Crossroads for the bomb tests at Bikini. We know there are many phases of this particular work about which he is not permitted to tell us, but he has brought back many interesting pictures of both Japan and Bikini. He must have given so many lectures on this subject that he can deliver one, complete with illustrations, while asleep.

The chief reason why we of NEDH see so little of Dr. Warren now is that he has a most important job, Director of the Division of Biology and Medicine under the Atomic Energy Commission. Because of this he must spend a good deal of time in Washington and must visit other places where work of the AEC is being carried out, such as Oak Ridge, Los Alamos and Hanford. He is not only in charge of all work being done in biology and medicine, but is responsible for the health of persons conducting atomic research and employed in the atomic plants as well as the populace of the immediately surrounding areas of these plants.

He is affiliated with many medical associations and attends and delivers speeches at various meetings. He is a past president of the American Association for Experimental Pathology and the American Association for Cancer Research. He is an advisor for the National Research Council and a member of the National Cancer Council. This latter group is the one which granted NEDH $400,000 for the new research building which is to be constructed on Pilgrim Road.

How can he do all this? He makes every minute count, according to schedule. On train or in plane his work goes with him. Two outstanding characteristics probably contribute most to his success. He has very keen powers of observation; at a quick glance he can take in details which the average individual would not completely comprehend in minutes. He is an organizer. And in his ability to organize he does not forget the human element. He appreciates a good job well done, and inspires those who work under him to take pride in achievement since they know that he expects and acknowledges their part.

His bibliography is far too extensive to enumerate. In addition to being a recognized international authority on radiation effects, he is widely quoted and consulted on various phases of cancer and diabetes. Probably his most outstanding publication is his book "The Pathology of Diabetes Mellitus."

On the human side of his nature are a penchant for Great Danes, a summer home on Cape Cod and a love of boats and salt water. On the inhuman side, he thrives on the hot humid Boston summer weather and when the rest of us are weary, wilted and lazy he is full of enthusiasm and vigor.

KATHRYN H. HALEY,
Pathology Laboratory

AS OTHERS SEE US

Printed questionnaires are now distributed to all patients, in an attempt to learn what they think of the hospital and its various services. It is hoped that CONSTRUCTIVE CRITICISM will be received to facilitate the correctoin of weak spots. And if any employees feel that they too can suggest ideas for improvement, they should be made through the poor old Suggestion Box, which has lately been heard singing "I've Got Plenty of Nothin'."

POLITENESS PAYS

Some early birds catch worms — others listen to radio programs. Mrs. Ann Cotter, Palmer Hostess, frequently listens to the New England Almanac over WEEI, Columbia Broadcasting System, Boston, at 6:15 A. M. This is Mr. Buffum's program, but he has had as his substitute recently, Mr.

"Lew" Webster. Mrs. Cotter recognized his voice when he came to visit a patient in Palmer. He was so impressed by the friendly and courteous way in which he was received by Mrs. Cotter and all our employees who helped him that he praised the Deaconess in his talk over the radio the following morning.

This is good public relations. We know that many visitors to the hospital are as enthusiastic as Mr. Webster, but not all have the opportunity to express it as he did. The hospital administraton greatly appreciates such publicity, but realizes that the thanks for such recognition are due all who are connected with the organization.

ODE ON BORROWING
(Or Everything I Have Ain't Yours)

A lot of time is wasted here
In chase of *WHAT WE HAD THAT WENT!*
We wouldn't mind if you had asked—
In fact, we would have gladly lent.
If we should put into a jail
All you who do commit this crime
There's many a friend you'd meet in there
While you were serving out your time!

—*Marjorie R. Pond*

SOMETHING NEW HAS BEEN ADDED

We have now instituted a mobile beauty service for patients — shampoos, waves, facials, manicures, and so forth, may be had at the bedside. There are two trucks which are clever and compact. As they are pushed along the corridors, only the dryer is visible. Appointments are being made through the Apothecary, Extension 257. Gift certificates are on sale there too, so that visitors may now offer a unique present. The Deaconess is the first hospital in New England to have this service. A 20 per cent deduction is being made for all nurses and employees. Please — no requests for "desk-side" service for employees — this is beyond our scope! However, appointments are being made for Thursday evenings.

RIGHT THIS WAY, FOLKS!

Anyone who wishes to join Blue Cross or Blue Shield at this time may do so by seeing Miss Berta George in the Personnel Office before September third. This will be a general re-opening — any full-time permanent employee may join our Blue Cross-Blue Shield group by making application before this date. Deductions are made quarterly from the pay checks and the hospital pays half the rate.

An important Blue Cross-Blue Shield ruling recently put into effect requires members who marry to change their membership from individual to family within 60 days. This can also be done at the Personnel Office.

HOSPITAL DEPARTMENTS — HOUSEKEEPING
Number Six of a Series

All sorts of products are advertised to chase dirt — but so far nothing has been said about catching up with and disposing of it. This race is run daily — 365 days a year — by the employees of the Housekeeping Department. It is they who with the help of soaps, cleansers, disinfectants, mops, brushes, waxes, and polishes win out day after day and dispose of the dirt.

The Housekeeping Department contributes an important part in the success of the modern hospital. It is not a department that receives citations for unusual accomplishments. It is one of the service departments that has a major part, however, in the total operation of the hospital. The work is done as quietly as possible and with as little inconvenience to the patients and employees as possible.

There has always been and always will be good and bad housekeeping. Bad housekeeping is like a slip that is too long — it shows. It is easy to criticize it for everyone knows something about housekeeping. But the compliments are few — the better kept a building is, the higher go the standards so that there is always a struggle to surpass perfection. Even so, suggestions are always welcome.

Among the duties of the Housekeeping Department are:

1. Setting up budgets and keeping control systems and records.
2. Making time studies and scheduling work.
3. Cleaning fixtures, floors, walls, paint, paper, rugs, and upholstery.
4. Eradicating pests.
5. Purchasing furnishings, supplies, and equipment.
6. Manufacturing and repairing furniture covers.
7. Supervising the remaking of mattresses, making pillows, and repairing furniture.

Two things are necessary for the proper functioning of the Housekeeping Department, namely: knowing the most efficient methods and carrying them out willingly. Cooperation with all other hospital departments is essential. It is the earnest wish of the Housekeeping Department to cooperate and serve at all times. The Housekeeping Department strives to keep up the reputation within its own confines that the hospital has as a whole — that it is a great hospital and a good place to work. The employees of the Housekeeping Department deserve commendation for the work which they do efficiently and willingly.

HOSPITAL AIDE COURSE TO BE INAUGURATED

On September 1 a new program serving a two-fold purpose will get under way at NEDH. With the beginning of a course for Hospital Aides, mature, personable women between the ages of 20 and 45 in good health will have the opportunity to serve the hospital and the community, while learning basic nursing procedures that will be of value to themselves. This group will be of real assistance to the hospital in easing the current nursing shortage in that they will be able to perform the necessary but routine duties, while graduate nurses' time may be transferred to the more technical phases of nursing.

The course will cover 8 weeks — 2 weeks basic instruction, 4 weeks clinical practice, and 2 weeks advanced instruction — during which the Aides will be paid on an hourly basis. Upon completion of the course they will receive caps and become regular hospital employees with increased pay on a monthly basis. They will wear light brown chambray uniforms with white collars, cuffs, and aprons. Caps will be light brown with white facing.

Director of the course will be Mrs. Frances Snyder, whom many will remember since she worked here during the War as Assistant Nursing Arts Instructor and as a Supervisor of Nursing. In addition to her experience here, she has taught Nurse's Aide and Home Nursing courses for the Red Cross.

Any employee who may be qualified and interested may contact the Nursing Office, Extension 338, for additional information and an appointment to see Mrs. Snyder. Employees are also urged to recommend their friends — through the same channels. The course will be repeated on October 15 and January 15. This program will in no way affect the status of the Yellow Girls.

ADMINISTRATION

Dr. Warren F. Cook and his family are spending the month at Holderness, New Hampshire. Miss Janice Didsbury, Dr. Cook's secretary, is at her home in Walden, New York for two weeks.

CHEMISTRY LABORATORY

Miss Sylvia Ward is on leave of absence from the Laboratory and is travelling with her family in the Canadian Rockies.

Miss Barbara Grenier of Hematology was married to Mr. George Spitz on July 18th, and they are living in Cambridge.

Mrs. Charlene Bailey Carney and Mrs. Minnie Barr Smith have returned to work for the summer.

DIETARY

Miss Eileen Riley has returned from a vacation spent at Lake Willoughby, Vermont.

Fred Cheney is spending his vacation in New Hampshire.

Miss Irene Anderson is now eligible for membership in the Anglers Club. After a terrific battle she landed a 4½ lb. haddock.

Mrs. Louise Walker is planning a vacation in Connecticut where she intends to get in some exercise horseback riding.

A group from Palmer chartered a bus recently and had a weenie roast at Lynn Beach.

Miss Anne Ross, Miss Lucille Kelly, and Miss Ruth Clark, Dietitians, have been fortunate in finding an apartment. The cook has not been appointed for this menage but we understand that Miss Ross is noted for her creamed spaghetti.

Romance in Deaconess — Mary Hall and Julian Ellis have become engaged.

NURSING

Vacations begin and end — and are accompanied with hurrahs and groans. An event in early August which was enjoyed by those who were here was a tea for Mrs. Dorothy N. Ogrean, who has resigned her position as Assistant Clinical Instructor. Mrs. Lucy S. Durst poured for this combination going-away and stork party and Miss Ellen D. Howland assisted. It was she who cut those large pieces of chocolate cake! A bathinette was given to Mrs. Ogrean by the Faculty Council. The disappointment of the afternoon was that no one offered to be a subject for demonstration. It was a bit unusual to see a baby's bathinette in the Harris Hall living room!

Last month it was stated that Miss Gertrude Heikkila is Head Nurse of Palmer 3. This is a temporary change for the summer and in the fall she will return to Palmer 5. At that time Miss Janie Christie will return to the hospital and will be on Palmer 3. She is a Deaconess graduate and was on Deaconess 1 before the war. She was in service and has just received her bachelor's degree from Boston University.

PATHOLOGY

Off conquering new fields: Dr. S. C. Sommers — Women's Free Hospital, Dr. Joseph Feldman — Yale Medical School, Dr. Frank Dixon — Army Institute of Pathology, Dr. Klaus Dehlinger — Children's Hospital, and Dr. Robert Allen — Chelsea Naval Hospital.

Here to carry on the good work: Drs. Bernard Mann, Daniel Shapiro, Milton Elkin, Yong Liu, C. J. Trabue, and Kenneth Hardy. And in case you look at Dr. Mann and wonder why he appears so familiar, he was here for a time during the war attending a course of which Dr. Warren was in charge sponsored by the Navy.

We regret having to say farewell to Mrs. Melba Kelley. Her husband's new job takes them to New York City.

The latest addition to the research group is Dr. Margaret Holt, who will work on isotopes for Dr. Warren.

Natalie Fossati and Jean Sunderlein extol the praises of Canada for a vacation. Miss Eva Witham is visiting relatives in Rockland, Maine.

Dr. Warren actually celebrated the whole month of July as a vacation. That is, with several trips back to Boston and uncalculated numbers of phone calls. His new modern summer home at the Cape is almost completed. And it takes more than a broken bone in his foot to hold him down!

Congratulations to Dr. and Mrs. Warren on the celebration of their 25th wedding anniversary on August 11th. A party was given for them at Mrs. Warren's family home in Rochester, New Hampshire.

SOCIAL SERVICE

Arthur Fiedler conducted the orchestra played, the mosquitos bit, and the Social Service Department ate a picnic supper on the Esplanade during the concert season. Everyone had a wonderful time — including the mosquitos.

Mrs. Gertrude S. Jameson, Social Service Director, spent the last week-end in July at Pinewoods Institute in Plymouth, where she attended a series of five meetings. Current social problems were discussed from a long range point of view. It was an enjoyable week-end and Mrs. Jameson was particularly impressed by the deep interest shown in finding solutions to these problems.

Mrs. Jameson's house was struck by lightning during one of the recent summer storms. The damage done was not too great, but she doesn't care to have a return performance, thank you.

Mary Kelly spent two weeks at Falmouth swimming, soaking up the sun, and visiting.

Claire Bryant, vacation substitute as medical secretary, is now in Palmer Social Service, helping out while Gladys Harrison is away. Gladys, who won't be back until after Labor Day, writes that she is getting plenty of rest and sunshine.

SURGERY

Ruth Pendleton, Surgical Instructor, is back again after recovering from an accident. She was thrown from a horse while riding near her home in Nashua.

Madelyn Lawrence returned from her vacation as Mrs. Wilbur Celander. Best of luck and happiness!

Mrs. Harvey Sawyer, the former Margaret Brickett, is relieving in the O. R. for the summer.

Eloise Schumacher returned tanned and rested after spending her vacation at Lake Miltona in Minnesota.

Mrs. Charlotte Kelleher and Mrs. Helen Weagle, former O. R. nurses, are the proud mothers of baby boys born June 2 and 7 respectively.

There's big excitement in the O. R. Miss Florence R. Brown, Supervisor, has a new office. The light gray walls and bright striped curtains add much to the room which once was 414. It also gives Miss Brown come privacy, hitherto unknown.

GLAD TO SEE YOU!

July brought us these new employees:

Administration
Katherine Carson
Dietary
Patricia Broderick
Paul Mathieu
Felix Skaza
Housekeeping
Emma Toomey
William Banks
Maintenance
Thomas Doherty
Nursing
Clarice Poole
Doris Zanca
Joan Randle
Marie Mayberry
Susan Smith
Frances Snyder
Pathology
Hope Emerson
Social Service
Priscilla Moldenke
Surgery
Ethel Thomas

EDITORIAL STAFF

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ELLEN ADAMS MARY PARKINS
Associate Editors
VERA FOGG CHARLES SCHRAUB

Administration ..... CATHERINE GALVIN
Admitting ..... JOSEPHINE MAGLIOCCA
Blood Bank ..... RUTH NEWTON
Chemistry Lab. ..... CONSTANCE SELLMAN
Dietary ..... MARJORIE LEBEAU
Engineering ..... HERBERT ROBINSON
Hostesses ..... ESTHER PRINCE
Housekeeping ..... HELEN QUINN
Laundry ..... RITA DENNEHY
Nursing ..... CLARICE POOLE
Pathology Lab. ..... KATHERINE HALEY
Pharmacy ..... JOHN KARMAN
Purchasing ..... JOHN KEEFE
Record Rooms ..... KATHERINE SHIRLEY
Social Service ..... EVAN PHILLIPS
Solution Room ..... DOROTHY BLANCHARD
Surgery ..... HARRIET LOVETT
Volunteer Service ..... PAMELA WHITNEY
X-Ray ..... ELEANORE JACOBS